

Impact of UHV FDPs

Analysis Prepared by:

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FDP-UHV

The FDP-UHV

- *A 5-day faculty development program on Universal Human values*
- *For the fulfilment of human aspirations and attainment of full human potential*
- *A journey based on natural acceptance*
 - ✓ *Self-inquiry, self-exploration, and self-discovery*

Sample and the analyses

- *Subsample: Margdarshaks Data (senior academicians)*
- *Observation: (86) Pre and (92) Post FDP-UHV responses*
- *Histogram: Data levels are in percentage*

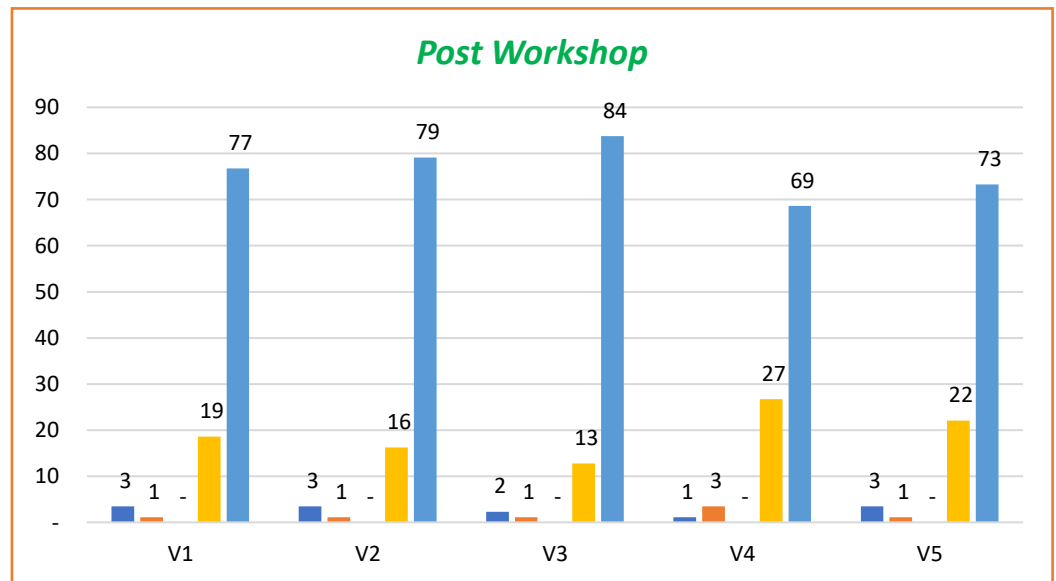
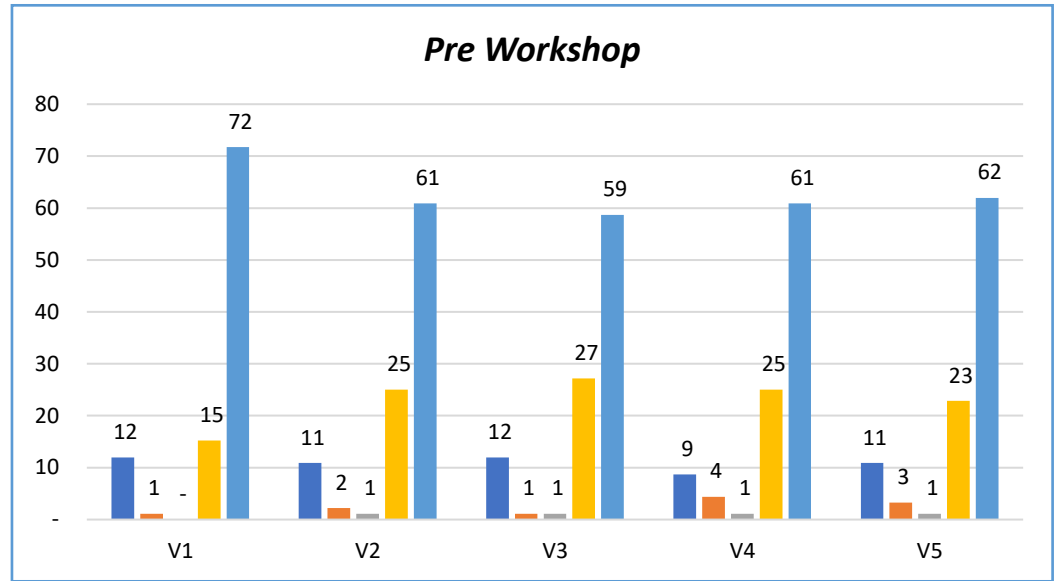
Mean T-test: Pre & Post FDP-UHV

<i>Variable</i>	<i>Mean (pre)</i>	<i>Mean (post)</i>	<i>P-value</i>
V1	4.3400	4.6400	3.7%
V2	4.2300	4.6600	0.5%
V3	4.2000	4.7400	0.0%
V4	4.2500	4.5800	1.7%
V5	4.2200	4.6000	1.2%
V6	3.3900	2.9300	0.6%
V7	4.1000	4.5000	0.4%
V8	4.3600	4.6000	6.5%
V9	2.7100	2.5100	8.5%
V10	3.5100	3.1500	5.2%
V11	2.3600	2.3000	37.0%
V12	3.6400	3.7800	22.2%
V13	2.2700	2.0300	10.7%
V14	3.4200	2.9700	0.7%
V15	2.8700	2.4500	1.9%
V16	2.3600	2.1400	10.0%
V17	2.4700	2.2800	14.6%
V18	3.0900	2.7300	2.0%
V19	3.3000	3.0200	3.8%
V20	3.6800	3.1000	0.1%
V21	3.1200	2.5800	0.4%
V22	3.7700	4.0900	2.9%

Quantitative Analyses (1/6)

V1	<i>Need of Holistic Development</i>
V2	<i>Understanding Self</i>
V3	<i>Understanding Relationship</i>
V4	<i>Understanding Society</i>
V5	<i>Understanding Nature</i>

Although the participants already had a positive disposition towards a need to develop **holistic perspective** and understanding of one's **own self, relationships, society and nature**, these feelings and thoughts got significantly augmented during the workshop

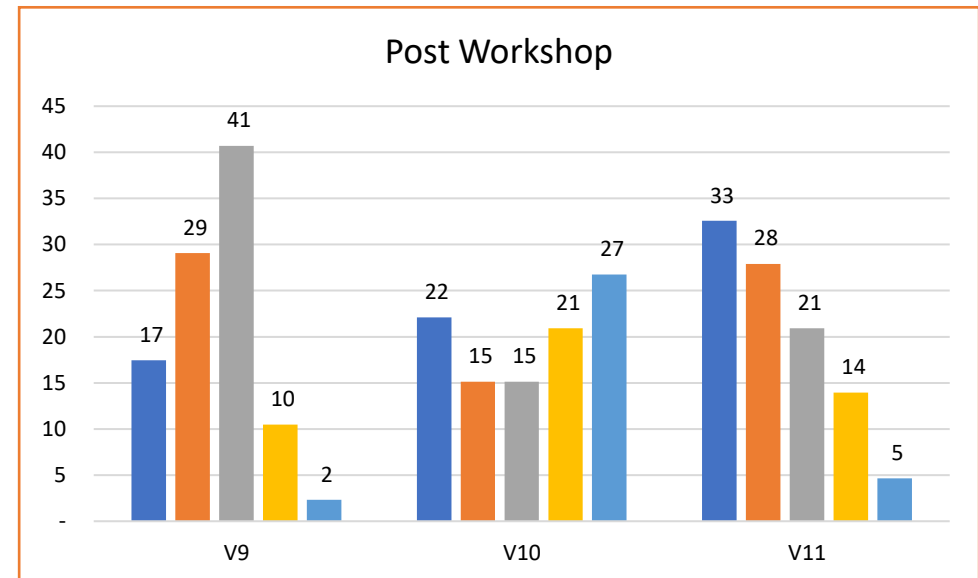
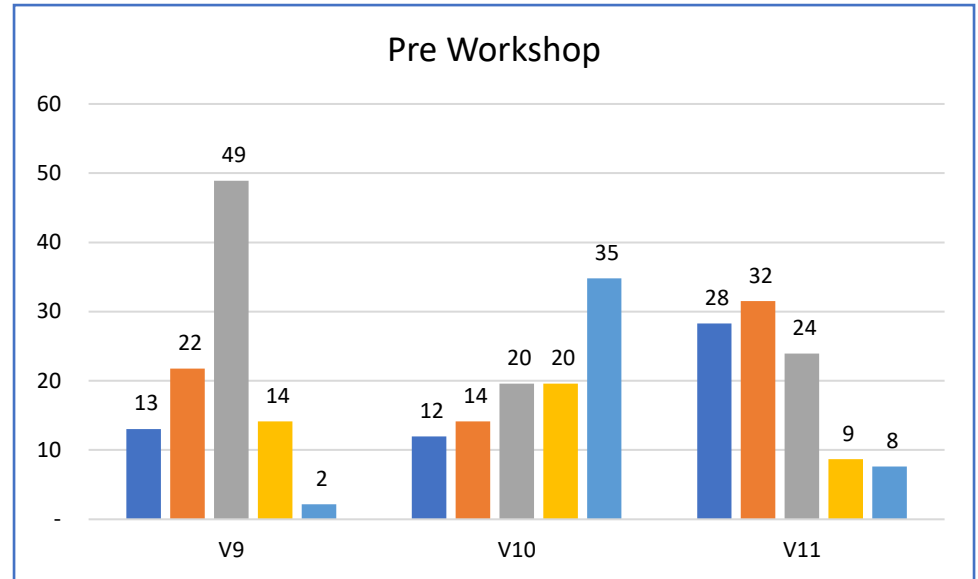


Quantitative Analyses (2/6)

V9	<i>Importance of Money</i>
V10	<i>Needs are unlimited</i>
V11	<i>Prosperity means money, property etc</i>

Post the workshop, *a positive shift (lesser mean)* by more than 10% shows that the participants:

- *Have more clarity on the importance of money and limited requirement of human needs*
- *Successfully discerned the significance of the role of money in promoting prosperity*

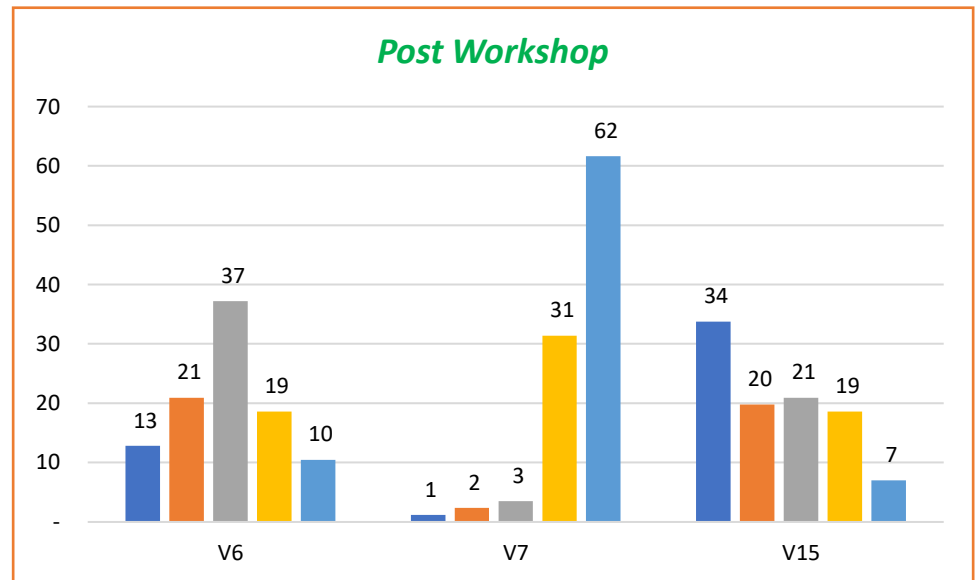
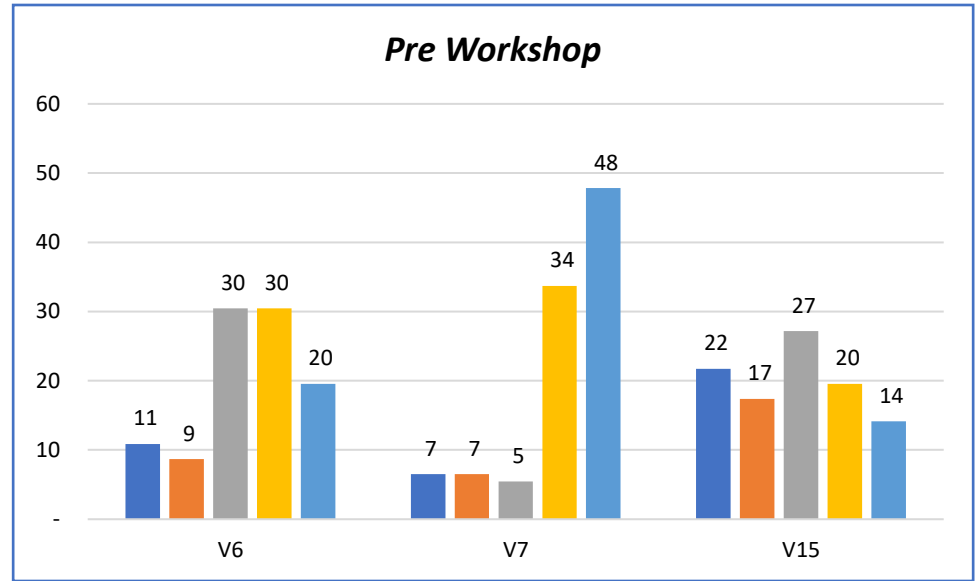


Quantitative Analyses (3/6)

V6	<i>Problems: Lack of Skills</i>
V7	<i>Problems: Lack of understanding of harmony and inhuman behaviour</i>
V15	<i>Technical education is mostly about skills</i>

Post the workshop, *a positive shift* (lesser mean) by more than 15% shows that the participants now have:

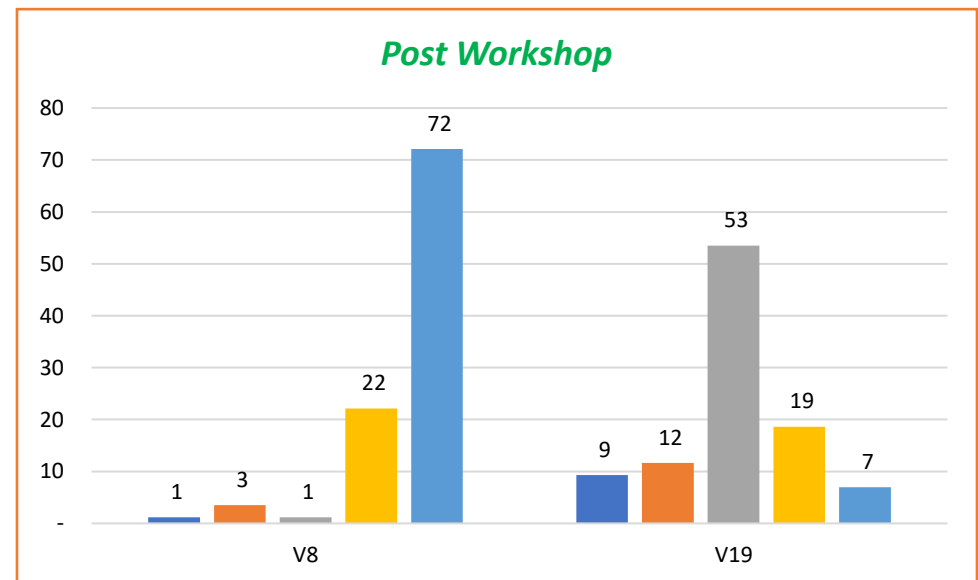
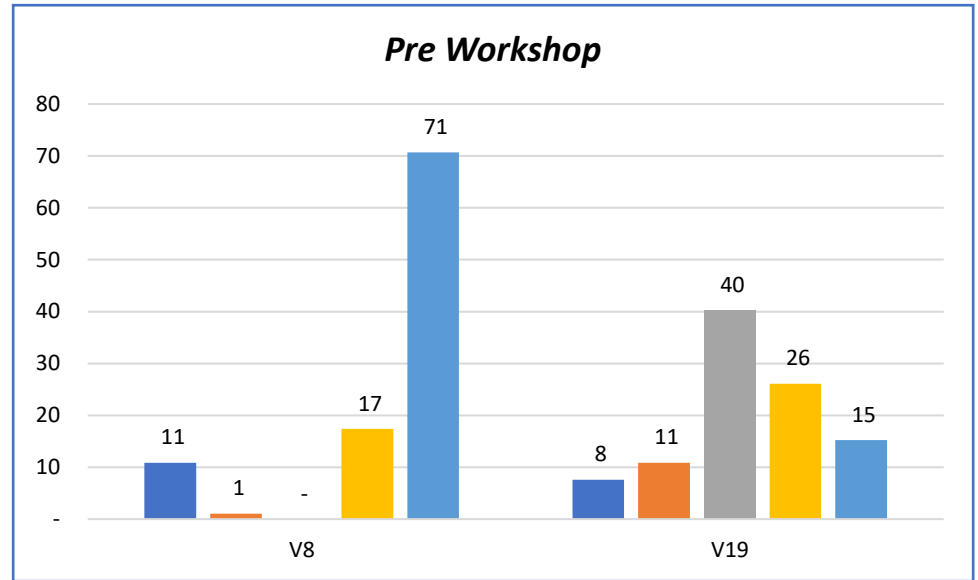
- *Better understanding and higher recognition of need for human value even for technical education along with the technical skills*
- *Greater clarity on root cause of problems. According to them, its lack of understanding of harmony and inhuman behaviour of human beings (rather than just a lack of skills)*



Quantitative Analyses (4/6)

V19	<i>Education today is doing a good job</i>
V8	<i>Education have a greater role in developing human consciousness</i>

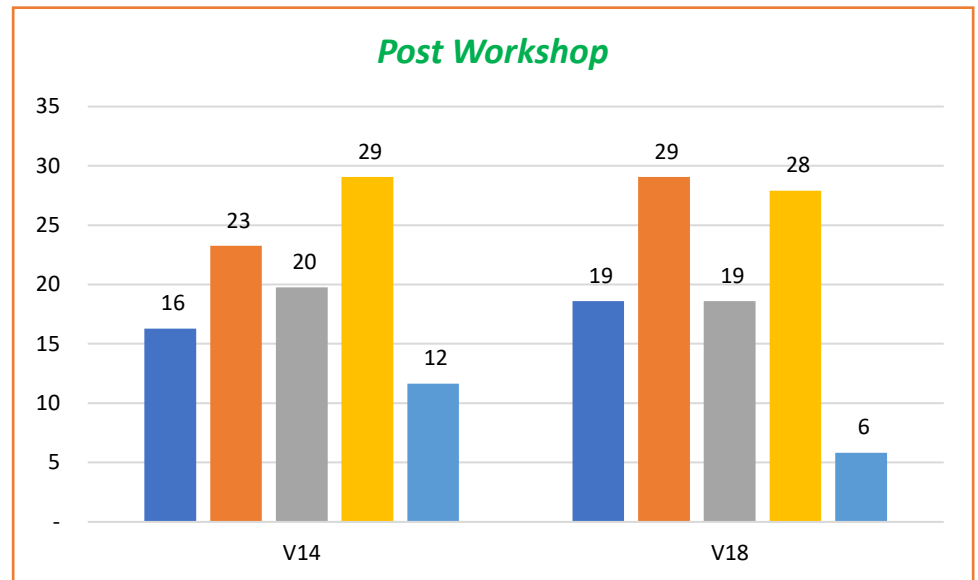
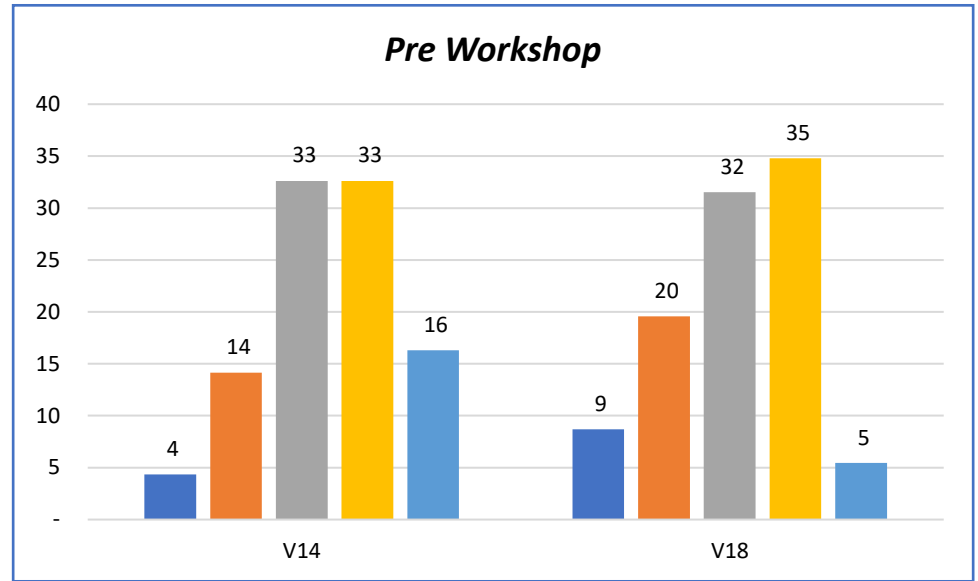
Post the workshop, lesser participants (from earlier two-third to 60%) felt that the education is doing a good job; on the other hand, they ascribe education to have a greater role in developing human consciousness and the competence to live with definite human conduct



Quantitative Analyses (5/6)

V14	<i>Relationships are complicated</i>
V18	<i>Peoples can not have a common goal</i>

Participants have attained greater clarity in understanding relationships and the need for harmony in society towards a common goal

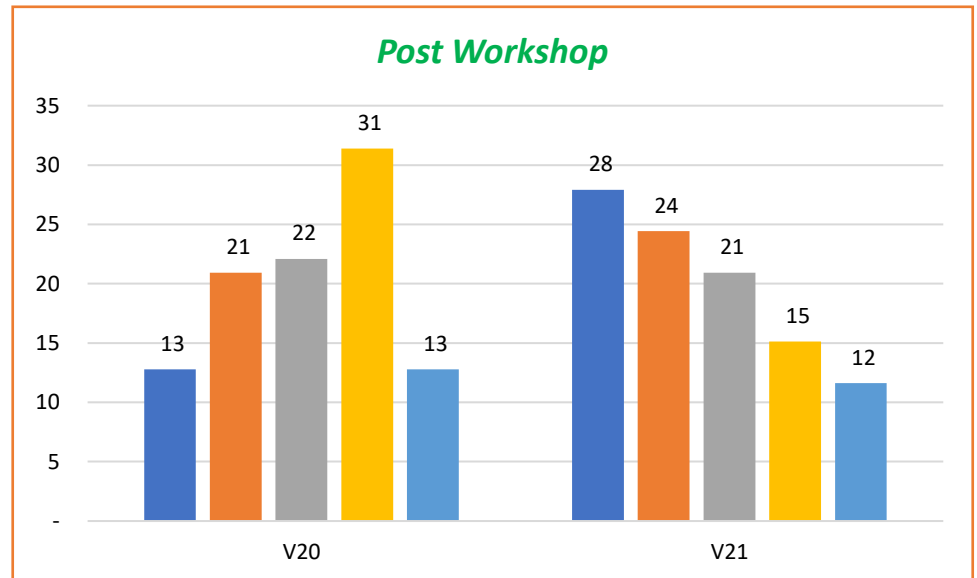
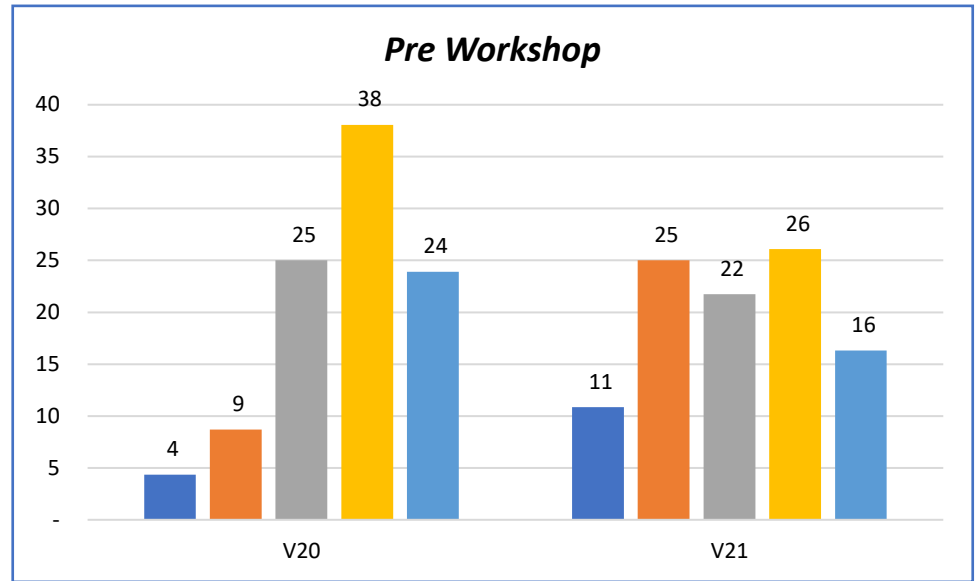


Quantitative Analyses (6/6)

V20	<i>Struggle for existence; only fittest can survive</i>
V21	<i>Necessary to exploit natural resources for survival</i>

Post the workshop, participants

- Attributed a greater importance to sustainability and the conservation of nature*



Qualitative Analyses (1/2)

Pre and Post 5-day UHV workshop for Margdarshaks

***Happiness:** The common threads leading to happiness that emerged are harmony, co-existence, participation at all four levels (self-family-society-nature), self-exploration, natural acceptance*

***Purpose of Education:** Holistic development, inculcate self-exploration, attain right understanding, knowledge sharing, and promote happiness and prosperity in the society*

***Excellence and Competition:** The two concepts are unrelated, although the participants attributed a greater importance to pursuing excellence. The path towards excellence is by developing self-understanding, maintaining harmony in relationships and developing behaviour based on natural acceptance*

***Trust:** Unconditional, Foundation of relationship*

***Respect:** Right evaluation*

Qualitative Analyses (2/2)

Gratitude: *Feeling of acceptance for those who contributed to my excellence. A source of happiness*

Prosperity: *Physical facility more than the need, developing competence to serve others, prosperity is mutual fulfilment of relationship, self-reflection and being in harmony with nature*

Myself: *Co-existence of self and body, self-exploration, inner happiness, self-consciousness, expression with right understanding and natural acceptance*

Family: *Good communication is important among family members, although participants attributed greater value to living based on natural acceptance for harmony*

Society: *A global society with harmony, Human beings abiding by Universal Human Values form a harmonious society, together everyone achieves more by complementariness*

Nature: *Mutually enriching, ecological balance, environment preservation and protection, using natural resources optimally*

Conclusions

The workshop was instrumental and helpful in the development of

- *Basic Human Aspirations*

- ✓ *Participants have attained greater clarity in understanding relationships and the need for harmony in society towards a common goal*
- ✓ *Although the participants already had a positive disposition towards a need to develop holistic perspective and understanding of one's own self, relationships, society and nature, these feelings and thoughts got significantly augmented during the workshop*
- ✓ *The participants attributed a greater importance to sustainability and conservation of nature*
- ✓ *the participants successfully discerned the significance of the role of money in promoting prosperity*

- *Role of Education*

- ✓ *Education should have a greater role in developing human consciousness and the competence to live with definite human conduct*

*Thank You
for
Your Time*